

UO Breakfast K-12

Menu Subject to Change

Students must choose a fruit or juice and 2 additional items.

| Monday | Tuesday | Wednesday | Thursday | Friday |
|----------------|----------------|----------------|----------------|----------------|
| Muffin | Muffin | Muffin | Muffin | Muffin |
| Yogurt | Yogurt | Yogurt | Yogurt | Yogurt |
| Pop Tart | Pop Tart | Pop Tart | Pop Tart | Pop Tart |
| Donut | Donut | Donut | Donut | Donut |
| ADD | ADD | ADD | ADD | ADD |
| Fruit and Milk | Fruit and Milk | Fruit and Milk | Fruit and Milk | Fruit and Milk |

Grab and Go Breakfast is offered daily at all schools.

Breakfast is served daily 20 minutes before the start of the school day.

K-12 \$1.80 Reduced 30¢ Adult \$2.15 Milk 50¢

ALL GRAIN choice are WHOLE GRAIN

Introducing Offer

Primary School will use the Offer Option

WHAT IS "OFFER?"

Offer increases choice and satisfaction in student meals. Offer allows a student to build a healthy meal by selecting 3 to 5 different meal components. One must be fruits, vegetables or a combination of both.

BUILD YOUR TRAY THE HEALTHY KANSAS WAY!

STEP 1: Choose at least 1/2 cup fruits, vegetables or a combination of both!

STEP 2: Choose 2 or more additional meal components from the following:

- Full Serving of Fruit K-8 (1/2 cup) and 9-12 (1 cup)
- Full Serving of Vegetables K-8 (3/4 cup) and 9-12 (1 cup)
- Grains
- Protein
- Milk

This institution is an equal opportunity provider.

To view the Rose Hill Schools district Wellness Policy go to www.kn-eat.org;

- Click on School Wellness Policy
- Click on view Kansas School Policy Wellness Data
- Follow the instructions

Locate **Summer Feeding sites** at the National Hunger Hotline at 1-866-3-Hungry or You may locate Summer Feeding sites at www.kn-eat.org, Summer Food Service Program, "Locate a Site Near You" Or text "food" to 877-877.

USDA Nondiscrimination Statement

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotope, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the [USDA Program Discrimination Complaint Form](#), (AD-3027) found online at: http://www.ascr.usda.gov/complaint_filing_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

- (1) Mail: U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW Washington,
D.C. 20250-9410;
- (2) Fax: (202) 690-7442; or
- (3) Email: program.intake@usda.gov.

This institution is an equal opportunity provider.

**THE FOLLOWING FRUITS AND VEGETABLES ARE INCLUDED WITH YOUR MEAL:
All options not available every day.**

APPLE – 1 WHOLE

STRAWBERRIES 1/2 CUP

BANANA – 1 WHOLE BANANA

CARROTS – 1 - 6 PETITE CARROTS

Fruit – Canned Fruit Limit – 1/2 cup

ORANGE – 1 WHOLE ORANGE

POTATOES MASHED – 1 CUP

BROCCOLI – 1/2 CUP

CUCUMBER 1/2 CUP

CELERY 1/2 CUP



Rose Hill Schools USD 394 Food Service

Charge Policy

Unpaid Meal Charges The Rose Hill School district wants children to be nourished and prepared to learn. However, the district must also be financially responsible to the patrons. Federal policy guidance memo SP-46-2016 requires the district to inform families of the delinquent and bad debt policies for unpaid meal charges. Rose Hill Schools will implement the following charge policy beginning July 1, 2017:

Students who do not have money in their lunch accounts will be allowed to charge \$10 for meals before their account is closed. Principals will be notified when the student reaches the charge limit and may contact the family to evaluate if there are other challenges facing the family. Alternate meals will not be served. Automatic low balance phone calls & email alerts will be sent on Monday when the student account has a + \$3 balance. Delinquent reminders will be sent Monday, Wednesday and Friday automatically when the student's account is negative. Paper reminders will not be sent home. Lunch accounts should be in a positive balance on the last day of school. Collections for delinquent debt will begin immediately. Payment plans for delinquent debt will be set up through the food service department. Students who continue eating meals after they reach the -\$10.00 limit must bring money to cover the meal each day. Bad debt, not recovered by the end of the fiscal year, will be sent to an outside agency for collection.

Meal Account Refunds

Students, who leave the district or graduate and have money in their lunch accounts, should apply for a meal refund. Refund forms are available in all school offices, central office and the food service offices. Refunds up to \$10.00 may be obtained in the food service office in each school. Refunds over \$10.00 may be obtained by completing a refund form in the school office. Refund checks will be mailed within 4 weeks of completing the form.

Applications for Free & Reduced Lunches

Many children who are eligible for the Child Nutrition Program, which offers Free or Reduced meals to school age children, do not apply because they are not aware of this program. Please call me for information about this program if you are interested.


This institution is an equal opportunity provider.

This institution is an equal opportunity provider.

Locate **Summer Feeding sites** at the National Hunger Hotline at 1-866-3-Hungry or You may locate Summer Feeding sites at www.kn-eat.org, Summer Food Service Program, "Locate a Site Near You" Or text "food" to 877-877.

Rose Hill 6-8 School Lunch Menu

Menus Subject to Change

| | | | | |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------|----------------------------------------------------------------------------|
| Cold Milk Served with all meals | Daily Option Sandwich or Wrap | Salad Bar Daily Options Include: Salad, carrots, broccoli, banana, apples, oranges, chilled fruits. (Not all options are offered daily) | | |
| Monday 5/02 | Tuesday 5/03 | Wednesday 5/04 | Thursday 5/05 | Friday 5/06 |
| Saus & Chse Stuffer Meatball Sub Green Beans Peaches Chips | Fr. Toast & Sausage Chicken Strips Hash Browns Rosie Applesauce Goldfish | Pizza hut Hamburger Corn Orange Baked Cookies | Chicken Sandwich Beef Fingers Mashed Potatoes Grapes Tiger Bites | Baked Ravioli Quesadillas Refried Beans Pineapple Garlic Bread |
| Monday 5/09 | Tuesday 5/10 | Wednesday 5/11 | Thursday 5/12 | Friday 5/13 |
| Burrito w/chili Chse Mozz. Bread Sticks Corn Apple Slices Gummy Fruit | Corn Dogs Cheeseburgers Tots Straw. /Peaches Chips | Pizza Hut Chicken Nuggets Green Beans Rosie Applesauce Baked Cookie | Biscuits and Gravy Pancake on Stick Hash Browns Peaches Rice Krispie | Pizza Rippers Chicken Sandwich Baked Beans Pineapple Cheez-its |
| Monday 5/16 | Tuesday 5/17 | Wednesday 5/18 | Thursday 5/19 | Friday 5/20 |
| Mini Waffles/Saus BBQ Riblet Baked Beans Peaches Goldfish | Chicken Strips Super Nachos Corn Rosie Applesauce Chips and salsa | Pizza Hut Pizza Hamburger Hash brown Strwberry/Banana Fruit roll-up | Chicken Sandwich Baked Ravioli Broccoli n' Chse Pineapple Bread Stick | Mac-Chse/smokie Mini Corn Dogs Green Beans Oranges Tiger Bites |
|  | | | | |
| Students who do not have money in their lunch accounts will be allowed to charge \$10 for meals before their account is closed. Alternate meals will not be served. Full policy is printed in the information above. | | Call The Food Service Director if you have questions or need help completing an Application for Child Nutrition Benefits (Free or Reduced Meals). 776-3370 | | |

This institution is an equal opportunity provider.

Locate **Summer Feeding sites** at the National Hunger Hotline at 1-866-3-Hungry or You may locate Summer Feeding sites at www.kn-eat.org, Summer Food Service Program, "Locate a Site Near You" Or text "food" to 877-877.